



APRIL 2023

Doggedly determined volunteers help patients

Whether our volunteers have two legs or four legs, they all have a BIG heart!

In honor of National Volunteer Month, we introduce these therapy dogs and their owner/handlers who volunteer to visit patients.

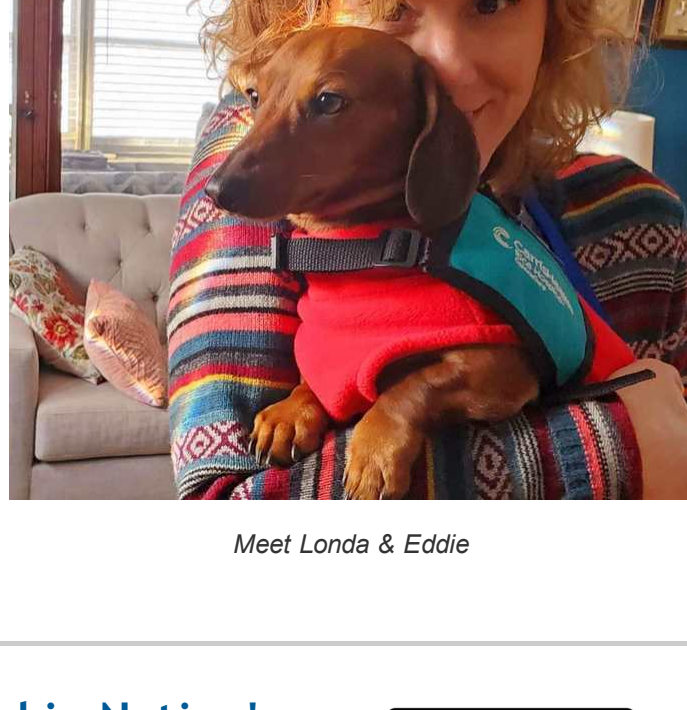
Therapy dogs, also referred to as comfort dogs, help a person who may be going through mental, emotional or physical challenges. They help deliver a sense of calmness and restfulness to an otherwise stressful situation. They are not to be confused with working Service Animals or Emotional Support Animals (ESA).

Therapy dogs are trained to be obedient. To volunteer, they must go through extensive training for a variety of difficult situations and pass a test. Funding for the training is paid in part by CentraCare Foundation.

[Learn more](#) about these two adorable dogs and others!



Meet Julie & Smackers



Meet Londa & Eddie

St. Cloud Hospital named in Nation's

50 Top Cardiovascular Hospitals

A recent Fortune magazine article identified CentraCare – St. Cloud Hospital as one of the nation's 50 Top Cardiovascular Hospitals™ by PINC AI™.

In an independent quality analysis, PINC AI™ evaluated more than 900 U.S. hospitals and singled out 50 that achieved superior efficiency, clinical outcomes and patient experience for cardiovascular health. Top 50 Cardiovascular Hospitals™ have significantly higher survival rates, fewer patients with complications, lower readmission rates and reduced costs.

If all cardiovascular providers in the U.S. performed at the level of this year's winners, the result could save:

- Nearly 7,600 additional lives
- Around 6,700 patients from complications
- More than \$1 billion in costs

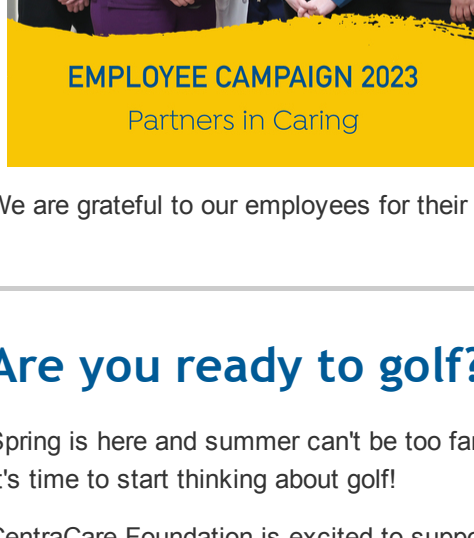
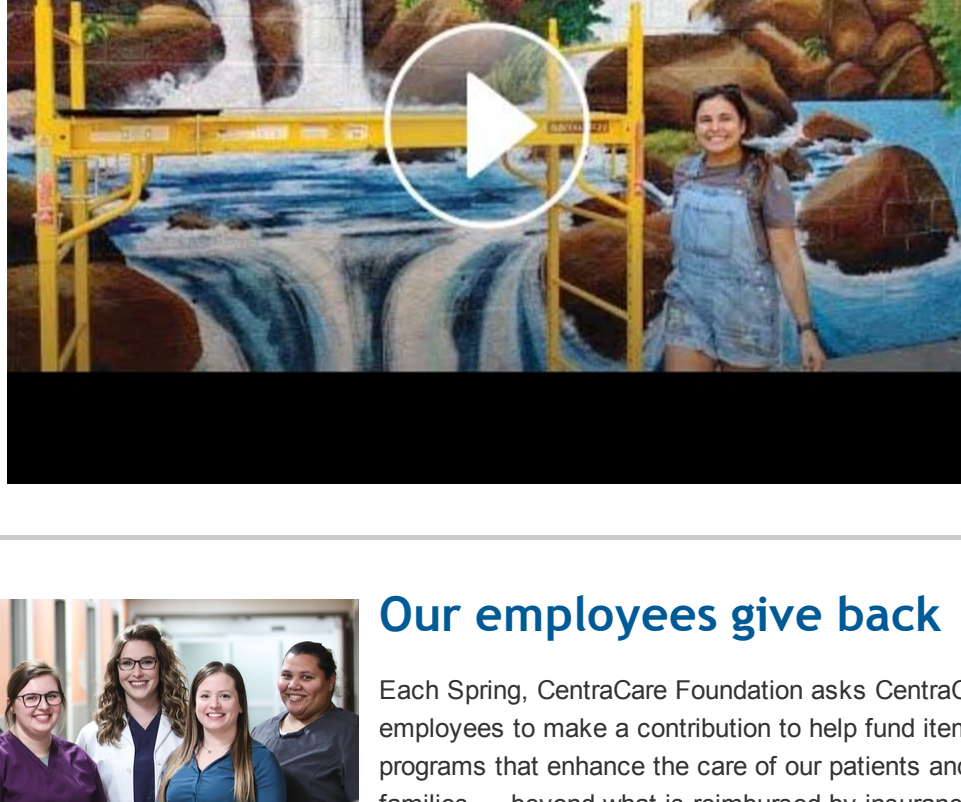
[Learn more](#) about this prestigious award.



Monticello breakfast benefits local health care

More than 125 guests attended the Caring for our Communities Benefit breakfast on Feb. 28 in Monticello raising nearly \$61,000 to enhance and expand local health care.

This video shown at the event highlights the local impact of philanthropy and the art of healing.



EMPLOYEE CAMPAIGN 2023
Partners in Caring

Our employees give back

Each Spring, CentraCare Foundation asks CentraCare employees to make a contribution to help fund items and programs that enhance the care of our patients and their families — beyond what is reimbursed by insurance. This support demonstrates that our employees not only deliver superior care, but share of their treasure to improve the experience for those we serve.

Since 1998, CentraCare employees have contributed **more than \$13.8 million** to enhance programs and services throughout CentraCare.

We are grateful to our employees for their generous support.

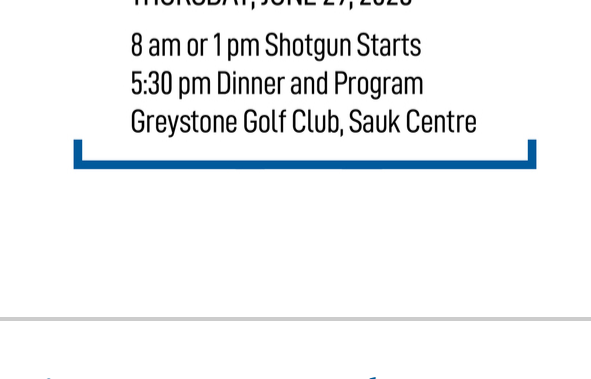
Are you ready to golf?

Spring is here and summer can't be too far behind! It's time to start thinking about golf!

CentraCare Foundation is excited to support the Long Prairie, Sauk Centre and Melrose communities at one capstone golf event while preserving the legacy of past Foundation golf events.

This year's golf scramble will be at the Greystone Golf Club in Sauk Centre and includes lunch, dinner and a short program, plus plenty of golf and games!

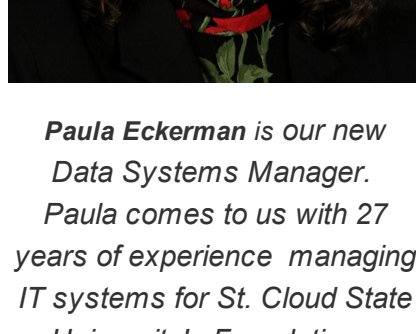
Join us on June 29 to raise funds to support the greatest health care needs of these three communities. Shotgun starts at 8 a.m. and 1 p.m. with dinner to follow at 5:30 p.m. [Learn more.](#)



THURSDAY, JUNE 29, 2023

8 am or 1 pm Shotgun Starts
5:30 pm Dinner and Program
Greystone Golf Club, Sauk Centre

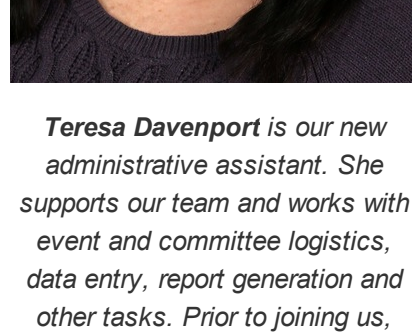
Welcome to our new Foundation team members



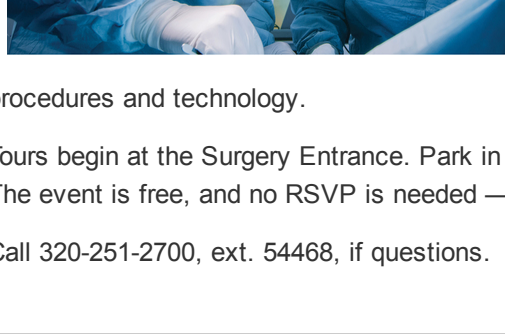
Paula Eckerman is our new Data Systems Manager. Paula comes to us with 27 years of experience managing IT systems for St. Cloud State University's Foundation.



Dan Super is our Finance Analyst with a strong background in non-profit accounting. Dan previously worked as a Senior Accountant for Catholic Community Schools.



Teresa Davenport is our new administrative assistant. She supports our team and works with event and committee logistics, data entry, report generation and other tasks. Prior to joining us, she worked at Coborn's, Inc.



Open House highlights surgical careers and technology

Take a fascinating, behind-the-scenes tour of the St. Cloud Hospital operating rooms from 6-7:30 p.m. on Thursday, April 13, at St. Cloud Hospital, 1406 Sixth Ave. N.

The evening includes hands-on activities for all ages. Explore surgical careers and learn about the latest

procedures and technology.

Tours begin at the Surgery Entrance. Park in the South Ramp. Take the South Ramp Elevator to Floor A. The event is free, and no RSVP is needed — come and go as you please. Masks will be required.

Call 320-251-2700, ext. 54468, if questions.

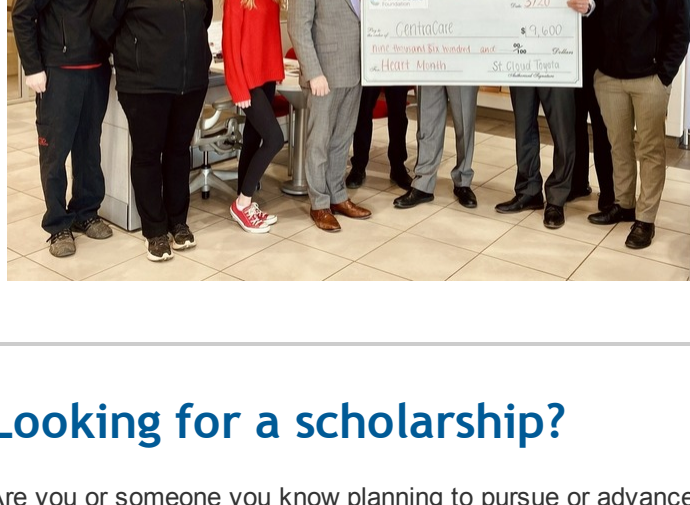
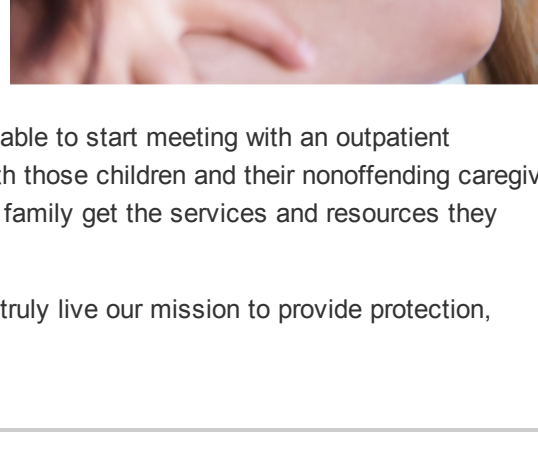
Learn how your gifts matter

Central MN [Child Advocacy Center](#) (CAC) staff recently learned that an offender in a case referred to the CAC in August 2021 was found guilty and sentenced to many years in prison.

Thanks to the generosity of donors, CAC staff are able to offer so many needed services to those we serve.

In this case, three siblings were interviewed and provided medical exams. An Integrated Behavioral Health provider was able to offer brief psychotherapy sessions the day they were seen at the CAC and as needed until they were able to start meeting with an outpatient psychotherapist. The Child & Family Advocate working with those children and their nonoffending caregiver provided ongoing advocacy since August 2021 to help the family get the services and resources they needed to help them start their healing process.

The financial support we receive from donors allows us to truly live our mission to provide protection, advocacy, justice, and healing to those we serve.



Thank you, St. Cloud Toyota

During Heart Month in February, [St. Cloud Toyota](#) donated \$100 for every car sold raising \$9,600 for the [CentraCare Heart & Vascular Center](#).

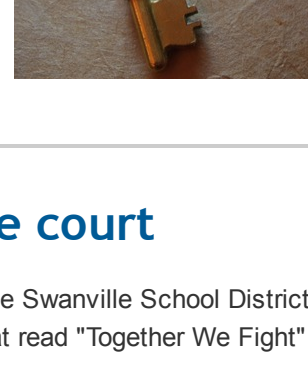
Thank you for your generous support of our heart patients!

Looking for a scholarship?

Are you or someone you know planning to pursue or advance a career in health care? If so, be sure to check out the different scholarship opportunities at [centracare.com!](#)

More than a dozen scholarship are available for a variety of health care careers.

Check the listing soon as many deadlines are fast approaching.



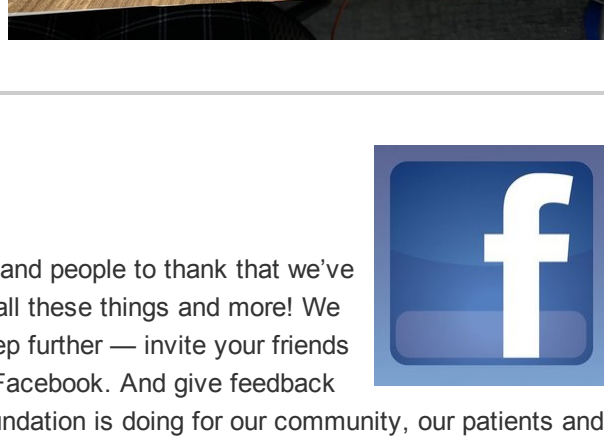
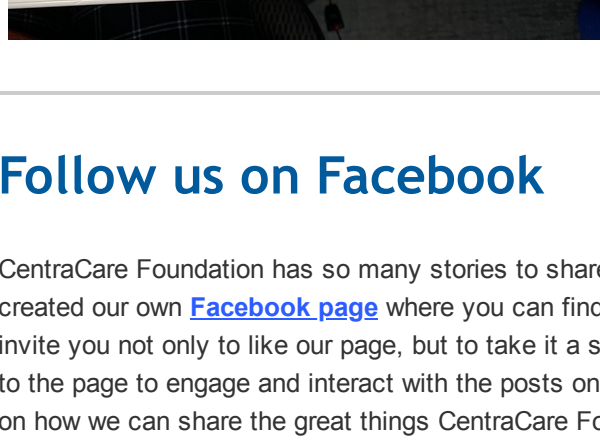
Together we fight cancer - on and off the court

The Upsala High School Girls and Boys Basketball programs paired up with the Swanville School District Bulldogs and hosted a "Cancer Awareness Week". The teams sold t-shirts that read "Together We Fight" with a violet ribbon representing all cancers.

Also, during their basketball games that week, they sold ribbons to fans and wrote names on them to represent family, friends and loved ones they knew who fought or are fighting cancer. The ribbons were posted on the Wall of Honor.

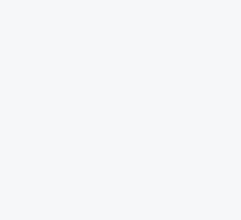
Their efforts raised \$1,752 which they used to purchase gas gift cards for Coborn Cancer Center patients traveling to treatment.

Thank you for this amazing and thoughtful demonstration of teamwork and generous support for our patients with cancer.



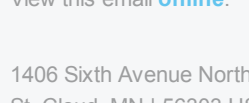
Follow us on Facebook

CentraCare Foundation has so many stories to share and people to thank that we've created our own [Facebook page](#) where you can find all these things and more! We invite you not only to like our page, but to take it a step further — invite your friends to the page to engage and interact with the posts on Facebook. And give feedback on how we can share the great things CentraCare Foundation is doing for our community, our patients and their families thanks to the generous support of our employees and the community.



Contact us at 320-240-2810 or Foundation@CentraCare.com

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