



**PATIENT
EDUCATION**

Preparation Guide: Fibro Scan

Preparation for Fibro scan

- You are not sedated so you will be able to drive yourself home.
- Please allow at least 30 minutes for the Fibro scan.
- If you have any questions regarding these preparation instructions, please call us at (320) 229-4916.

Medication information

- Insulin and diabetes medications:
 - Please call the provider that monitors your glucose levels. Your medications may need to be adjusted due to the diet restrictions required with the Fibro scan. Do not stop these medications without the consent of your provider.

The day of your Fibro scan

- Remember you cannot have anything to eat or drink 3 hours before your test.
- Dress comfortably.
- You may wish to wear a looser fitting shirt as the skin covering your right rib cage area will need to be exposed to complete the Fibro scan.

After the Fibro scan

- As soon as the Fibro scan is finished you will be able to either go home or return to work.
- The results will be sent to the provider who referred you for the Fibro scan and he/she will discuss it with you in the next few weeks.

Notes / Other instructions: