

## Faith Community Nurse's Mission Statement

*The very nature of Church is to be a healing community. St. Francis Xavier Parish Nurses recognize health as encompassing the whole person; body, mind and spirit. Therefore they dedicate themselves to providing ministry which embodies this concept and allows for the integration of faith and wellness for every person.*

## About Us

The St. Francis Xavier Parish Nurse Program began in 2005, with the goal of promoting wellness for parishioners through education, advocacy, personal support and referral to agents and agencies. Available to all parishioners in need of assistance, they also provide leadership to members of St. Francis Xavier Health and Wellness Committee.

Over the past ten years the Parish Nurses, committed to disease prevention and healthy lifestyles, have coordinated health related workshops, presentations, and bulletin inserts providing parishioners education and opportunity to understand the complexity of human health and wellness. In addition to caring for mind and body, Parish Nurses provide opportunity to grow spiritually through sacrament and prayer. Grateful to God for the blessings received as they companion parishioners, the Parish Nurses look forward to many years of walking with and serving the People of God here in our parish.



### Health Educator:

Provide health information through a variety of educational activities and presentations.

### Personal Health Counselor:

Discuss health issues with individuals and families making appropriate referrals.

### Health Advocate:

Empower individuals as they journey through the medical system offering support in that regard as they seek advice.

### Integrator of Faith and Healing:

Make known to individuals the relationship between faith and health.

### Coordinator of Volunteers

Serve with the Health and Wellness Committee providing leadership in various health related activities.

### Affiliate of the Diocese of St. Cloud Faith Community Nursing Organization

Actively engage in diocesan meetings gathering insight regarding health of mind, body and spirit available in our community. Nurture and maintain personal and professional relationships with leaders in the health care industry, thereby building a network of contacts in parish nursing ministry.

## In Serving the People of God, the Parish Nurse:

- ◆ Offers support to individuals and families who are experiencing health issues.
- ◆ Offers support to individuals who are in care-giving roles.
- ◆ Offers presence and prayer during times of crisis and recovery.
- ◆ Encourages individuals toward healthy living through health awareness, good nutrition and spiritual growth.
- ◆ Coordinates classes and seminars related to whole-body wellness and disease prevention.
- ◆ Respects confidentiality and patient privacy in all interactions.

## A Parish Nurse Does Not:

- ◆ Replace public health or home nurse care.
- ◆ Replace pastoral care.
- ◆ Provide invasive nursing actions or procedures.
- ◆ Advise on health care issues or administer medications.



## A Blessing Prayer

By Marcia Falk

As those who came before were blessed in the presence of their communities that sustained them, so we offer our blessings for those among us needing support.

May their spirits be calmed and be eased, may they receive comfort from those who care for them, and may they drink from the waters of the ever-giving well.

Amen.

*"Beloved, I pray that all may go well with you and you may be in good health, as it goes well with your soul."*

3 John 1.2

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directly, call:

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### Parish Nurse or Faith Community Nurse

These titles are one in the same and interchangeable. As parish nursing has grown over the past 10 years, many changes have occurred in the health field including the title given to the important ministry which promotes whole body wellness. Feel free to use the title which is most comfortable for you.

## St. Francis Xavier Faith Community Nursing



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